



# THE MEDI SPA ON BALMORAL

## Patient Pre-assessment Report Form

To be prepared for an assessment, please complete this form beforehand, sending it by email or mail using the contact information below:

**Susan Peacock-Hacking**, H.D., R.Hom., M.N.H.Sc., C.H.P., N.H.C., N.D. (QC)  
153 Balmoral Place, Ottawa, ON K1H 1B2  
Cell: (613) 286-6285  
Email: [naturalhealththerapies@magma.ca](mailto:naturalhealththerapies@magma.ca)  
Web site: [www.naturalhealththerapies.ca](http://www.naturalhealththerapies.ca)

Last name: \_\_\_\_\_ First name: \_\_\_\_\_ Blood type: \_\_\_\_\_

Name of parents (for children living at home): \_\_\_\_\_

Mailing address: \_\_\_\_\_

Home telephone: \_\_\_\_\_ Work telephone: \_\_\_\_\_ Cell: \_\_\_\_\_

In case of emergency, please contact: \_\_\_\_\_

Email: \_\_\_\_\_ Today's date: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Marital status: \_\_\_\_\_ Number of children: \_\_\_\_\_ Occupation: \_\_\_\_\_

Private health insurance provider (include policy #): \_\_\_\_\_

Prosthetic devices (i.e. - cane, false teeth, implants, etc.): \_\_\_\_\_

Special assistance you may require: \_\_\_\_\_

Allergies or sensitivities diagnosed or un-diagnosed (Food, meds, textiles, chemicals, plants, animals, etc.): \_\_\_\_\_

### Accidents—

What occurred?	When occurred?	Associated complaint(s):
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_____	_____	_____
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_____	_____	_____
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_____	_____	_____
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### Surgeries—

What surgery?	When performed?	Post-operative complaint(s):
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_____	_____	_____
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_____	_____	_____
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_____	_____	_____
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**Illnesses/complaints/shocks/symptoms/diseases diagnosed or un-diagnosed—**

(in order of occurrence and score in order of severity, where 1 is very low and 10 is very high)

Condition:	When occurred?	Cause, if known:	Score:
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**Medications/vaccinations/supplements/herbs/homeopathic medicines taken presently—**

Name/potency/frequency /taken with(out) food?	Why taken?	Adverse reaction(s)?
_____	_____	_____
_____	_____	_____
_____	_____	_____

**Treatments/therapies taken presently** (including exercise)—

Type/frequency/duration?	Performed since?	Beneficial effect(s)?
_____	_____	_____
_____	_____	_____
_____	_____	_____

Your personality traits (both positive and negative): \_\_\_\_\_  
\_\_\_\_\_

**Biological family health history** (briefly list known notable health conditions, age and cause of death, if applicable)—

Mother: \_\_\_\_\_

Father: \_\_\_\_\_

Siblings: \_\_\_\_\_  
\_\_\_\_\_

Maternal grandmother: \_\_\_\_\_

Maternal grandfather: \_\_\_\_\_

Maternal aunts/uncles: \_\_\_\_\_

Maternal cousins: \_\_\_\_\_

Paternal grandmother: \_\_\_\_\_

Paternal grandfather: \_\_\_\_\_

Paternal aunts/uncles: \_\_\_\_\_

Paternal cousins: \_\_\_\_\_